# EASTERN

## Senior Enrichment Program

### Thursday, October 22

11:00AM - 1:30PM

**Pickup times and locations**
10:00am - Ravenna Baptist Church
10:40am - Tanglewood Park

### Stretch & More Session & Lunch

Breathe & Believe Fitness
1887 Holton Rd.
Muskegon, MI 49445

### Wednesday, November 18

10:30AM - 1:00PM

**Pickup times and locations**
9:45am - Ravenna Baptist Church
10:20am - Tanglewood Park

### Kids' Food Basket & Lunch

2330 Barclay St.
Muskegon, MI 49441

PIONEER RESOURCES
Opening Doors of Opportunity

Our mission is to help people with disabilities and seniors attain independence and dignity by creating opportunities for participation in the community.

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## Senior Enrichment Program

### Program Details

**Pickup Times and Locations**

- Ravenna Baptist Church
  - 3186 Blackmer, Ravenna
- Tanglewood Park
  - 560 Seminole, Muskegon

**Accessibility**

- Every event is wheelchair accessible unless otherwise noted

**Extra Details**

- Suggested $5 donation to sustain the program
- Must be 60 years of age or older and a Muskegon County Resident
- Transportation is included in the event cost

### Registration

- To register for events:
  - Call or text 231-571-3272
  - Email us recreation@pioneerresources.org
- Leave a detailed message including your full name, phone number, the event you want to attend, and if you need transportation.
- Please leave ONE voicemail. We return voicemails in the order that they were received in 24-48 hours. If it has been 48 hours or more please feel free to reach back out

SeniorResources
Our Name. Our Focus.

Muskegon County Senior Millage

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# NORTHERN

## Senior Enrichment Program

### Tuesday, October 13

10:30AM - 1:30PM

**Pickup times and locations**
9:40am - Harbor Pointe
9:45am - Shawl 1
10:00am - Walmart, Whitehall

### Brunch & Chair Yoga

MADL
705 Seminole Rd.
Muskegon, MI 49441

### Wednesday, November 11

10:30AM - 1:00PM

**Pickup times and locations**
9:45am - Harbor Pointe
9:50am - Shawl 1
10:05am - Walmart, Whitehall

### Kids' Food Basket & Lunch

2330 Barclay St.
Muskegon, MI 49441

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# NORTHERN

## Senior Enrichment Program

### Program Details

**Pickup Times and Locations:**

- Harbor Pointe
  - 8673 Ferry St., Montague
- Shawl1
  - 225 Hall St., Whitehall
- Walmart, Whitehall
  - 2755 Holton Whitehall Rd., Whitehall

**Accessibility**

- Every event is wheelchair accessible unless otherwise noted

**Extra Details**

- Suggested $5 donation to sustain the program
- Must be 60 years of age or older and a Muskegon County Resident
- Transportation is included in the event cost

### Registration

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